

**"THIS IS MY  
COMMAND – BE  
STRONG AND  
COURAGEOUS! DO  
NOT BE AFRAID OR  
DISCOURAGED. FOR  
THE LORD YOUR  
GOD IS WITH YOU  
WHEREVER YOU  
GO." JOSHUA 1:9**



- ⇒ **Memory verse** for the month of February is Joshua 1:9. Join us on Sunday mornings to learn about people in the Bible who were strong and courageous for God.
- ⇒ The season of **Lent** begins February 14<sup>th</sup>!
- ⇒ Join us on Wednesday nights during the Lent season for a study on the **Apostles Creed!**
- ⇒ **FOR PARENTS:** We will have a parent meeting to discuss VBS, Sunday School, and summer activities on February 8<sup>th</sup> at 5:30pm in the Fellowship Sunday School room.



## LENT

### What is LENT??

Lent is the 40 days (not counting Sundays) before Easter. The 40 days represent the time Jesus spent in the wilderness being tempted by Satan and preparing for His ministry. Lent is a time of repentance, fasting, and preparation for Easter. During the 40 days, some people give up something they love while others are intentional about doing something. For example, you could give up chocolate or be intentional about praying for others or volunteer at the food bank. The point of the Lent season is to fix your eyes on Jesus, remember the sacrifice he made, and prepare for the joy of Easter and His resurrection.